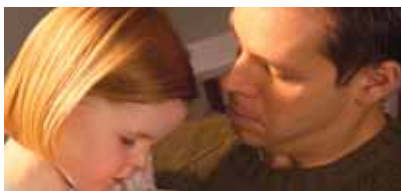


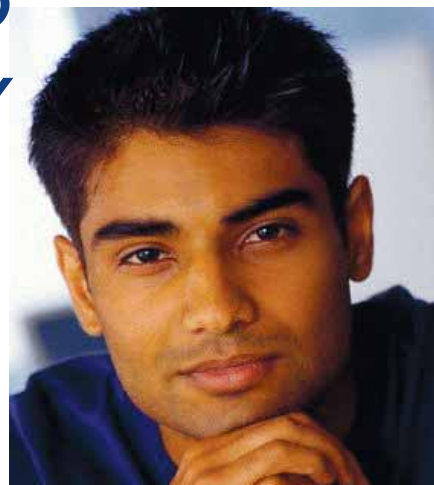


ONE CALL LINKS YOU TO HELP IN YOUR COMMUNITY



Call 2-1-1 for help in finding the services you need

Some cell phone users may need to dial 800-339-9597



- How to find domestic violence shelters or support services
- How to find a bed when you have no place to sleep
- Where to get information about supervised visitation
- How to get help for a substance abuse problem
- Where you can find Parent Education classes
- Where to get free or low-cost health care
- Where to go to get a hot meal
- Information on child care
- Employment resources



Dial 2-1-1 for Health & Human Services Referrals
Free and confidential
24 hours a day, 7 days a week
Multi-lingual in 150 languages
 TTY/TDD: Dial 2-1-1 or call 805-919-1148
 Call 9-1-1 for emergencies



2-1-1 Ventura County is a Division of Interface Children Family Services

1305 Del Norte Road, Suite 130 • Camarillo, CA 93010-8366

805-485-6114 • FAX: 805-983-0789 • email: interface@icfs.org • www.icfs.org